



PSHE - Year 7



AUTUMN 1

Personal: Learning about you and your identity. Personal routines and pocket money.

PRIOR LEARNING



Summative Assessment 1

Multiple choice questions on topics 1-3, covering core concepts and key definitions

AUTUMN 2

Relationships: How to maintain good friendships. Bullying.
Social: Cyberbullying. How to stay safe online.



SPRING 1

Personal: Caring for the emotional wellbeing of ourselves and others.

PRIOR LEARNING



Summative Assessment 2

Multiple choice questions on content across the whole year, covering core concepts and key definitions

SPRING 2

Health: Puberty and your changing body. Self confidence and body image.



SUMMER 1

Relationships: Different types of family and long term relationship. The law around sex.

PRIOR LEARNING



SUMMER 2

Relationships: FGM
Health: Maintaining our physical wellbeing. The dangers of smoking and alcohol use.





PSHE - Year 8



AUTUMN 1

Social: Digital literacy. Maintaining a positive presence online. The dangers of social media and how to avoid scams. The laws and rights of children. You and the police.

PRIOR LEARNING



Summative Assessment 1

Multiple choice questions on content covered to date, along with year 7 knowledge. Assessing recall of core concepts and key definitions

AUTUMN 2

Personal: Maintaining your mental wellbeing. Recognising and coping with different emotions.



SPRING 1

Health: The importance of sleep and exercise. Mobile phone and gaming addiction. Healthy diets and maintaining a positive body image.

PRIOR LEARNING



Summative Assessment 2

Multiple choice questions on content covered over the course of the year, along with year 7 knowledge. Assessing recall of core concepts and key definitions

SPRING 2

Social: Oppression, discrimination and prejudice. Disability and deaf awareness. Learning differences and neurodivergency. Ageism.



SUMMER 1

Relationships: Romantic relationships. Healthy and unhealthy relationships. Staying safe, sexting and grooming.

PRIOR LEARNING



SUMMER 2

Relationships: FGM
Social: Democracy and voting. Healthy communities and contributing to your community. Radicalisation.





PSHE - Year 9



AUTUMN 1

Personal: Becoming a young adult and being responsible. Resolving issues with parents. Personal finances. Gambling.

PRIOR LEARNING



Summative Assessment 1

Multiple choice questions on content covered to date, along with year 7 and 8 knowledge. Assessing recall of core concepts and key definitions

AUTUMN 2

Social: Difficulties in friendships. Peer pressure and youth crime. Gang violence and knife crime. Help and exit strategies for gangs.



SPRING 1

Relationships: Sex education - consent and the law. Sexually transmitted infections. Contraception.

PRIOR LEARNING



Summative Assessment 2

Multiple choice questions on content covered over the course of the year, along with year 7 and 8 knowledge. Assessing recall of core concepts and key definitions

SPRING 2

Social: Discrimination and prejudice. Racism. Classism. Homophobia.



SUMMER 1

Social: Sexism, misogyny and misandry. Sexism in online spaces. Our responsibilities online.

PRIOR LEARNING



SUMMER 2

Health: How to stay safe at parties. The dangers and risks of alcohol use. The dangers and risks of drug use. How to manage influences and peer pressure.





PSHE - Year 10



AUTUMN 1

Personal: Facing new challenges. Managing stress and negative thoughts. Getting and giving help for mental health problems.

PRIOR LEARNING

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Summative Assessment 1

Multiple choice questions on content covered to date, along with KS3 knowledge. Assessing recall of core concepts and key definitions

AUTUMN 2

Health: Influences on health. Planning for a healthy life. Immunisations and health checks. Looking after your skin.

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SPRING 1

Social: Your digital footprint. The dangers of livestreaming. Laws and dangers online. Criminal activity online. Online blackmail.

PRIOR LEARNING

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Summative Assessment 2

Multiple choice questions on content covered over the course of the year, along with KS3 knowledge. Assessing recall of core concepts and key definitions

SPRING 2

Relationships: Healthy and intimate relationships. Abuse in relationships. Forced marriage and honourbased violence. Sexual health clinics.

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SUMMER 1

Social: Global issues. Climate change.

PRIOR LEARNING

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SUMMER 2

Social: Ethical issues. Blood, organ and stem cell donation. Genetic engineering. Fake news, censorship and free speech. Consumer rights and ethical consumerism.

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PSHE - Year 11



AUTUMN 1

Health: Lifestyles and wellbeing. Looking after yourself and the importance of sleep, diet and exercise. How caffeine and nicotine affect your body.

PRIOR LEARNING

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Summative Assessment 1

Multiple choice questions on all PSHE content covered to date. Assessing recall of core concepts and key definitions

AUTUMN 2

Personal: You and your money. Saving, borrowing and budgeting.

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SPRING 1

Social: Youth crime and the police. Urban street gangs. The consequences of knife crime. Offenders and keeping safe.

PRIOR LEARNING

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SPRING 2

Relationships: Different types of partnership. Pregnancy, miscarriage and fertility support.

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Summative Assessment 2

SUMMER 1

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PRIOR LEARNING

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SUMMER 2

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