



Health & Social Care (Cambridge National) - Year 10



AUTUMN 1

Intro into HSC/ Core
Intro into HSC/ Core/RO32 TA1 settings/rights/benefits
R033 TA 1.1 Life stages and development

R033 TA 1.1 Assignment prep/interviews - R033 Start task 1a (first part Physical, Intellectual, Emotional and Social Development)
R033 Task 1a (PIES) Need IT. HAND24/10/24. - R033 TA 1.1 Factors that affect development

PRIOR LEARNING

Summative Assessment 1

Preparing coursework write up
- R033. Range of short answer questions - R032

AUTUMN 2

R033 Factors that affect development - physical, social, emotional, economic, cultural, environmental
R033 Start Task 1b - Factors that affect development Hand in - 21st November 2024 (At the end of the lesson)
R033 Life events

CORE, PIESF, service users and providers, health services, care services, quality of written communication (QWC)

SPRING 1

R033 Start Task 2a - life events
R033 Task 2a - life events. Hand in 23rd January 2024
R032 - the benefits of applying the person centred values

R032 - Person centred values
R032 - the benefits of applying the person centred values

PRIOR LEARNING

CORE, PIESF, service users and providers, health services, care services, quality of written communication (QWC)

SPRING 2

R033 - sources of support
R033 coursework write up - Hand in 27th March 2024

CORE, PIESF, service users and providers, health services, care services, quality of written communication (QWC)

Summative Assessment 2

Year 10 PPEs - R032

SUMMER 1

R032 TA3 Communication: Verbal, non-verbal, specialist and active listening
Preparation for PPE

PRIOR LEARNING

CORE, PIESF, service users and providers, health services, care services, quality of written communication (QWC)

SUMMER 2

PPE
R035 introduction - health promotion campaigns
Importance of having a healthy society

CORE, PIESF, service users
and providers, health
services, care services,
quality of written
communication (QWC)



Health & Social Care - Year 12



AUTUMN (Teacher 1)

Introduction to Unit 10 - food and dietary guidelines.
Dietary needs for individuals
Factors influencing a diet

Evaluating a diet
Improving a diet plan
Coursework write up - All criteria covered

Unit 3: Types and potential impacts of hazards (1.1 and 1.2) Harm and abuse and the effects (1.3)
Unit 3: Legislation (2.1) safeguarding (2.2)
TOPIC

PRIOR LEARNING

CORE

Summative Assessment 1

UNIT ONE AND TEN - COURSEWORK
UNIT THREE - Long and short answers on health and safety. PPE (Dec 2024).

AUTUMN (Teacher 2)

Intro and HSC CORE – service users, service providers, life stages, PIES, legislation
Types of relationships in HSC and Early Years settings

Relationship contexts and how they impact relationships
Communication factors influencing the building of relationships

Cultural and environmental factors influencing the building of relationships
Spiritual and physical factors influencing the building of relationships
Strategies to ensure a person centred approach

CORE

SPRING (Teacher 1)

Unit 3: Influence of legislation (2.3) and the implementation (2.4)
Unit 3: review of the policies and procedures (2.5)
Roles and responsibilities of employers/employees and service users (3.1 and 3.2)

Unit 3: Roles and responsibilities of employers/employees and service users (3.1 and 3.2)Consequences of not meeting R&R (3.3)
Unit 3: Roles and responsibilities of employers/employees and service users (3.1 and 3.2)Consequences of not meeting R&R (3.3)

Unit 3: Incident and emergencies in HSC and EY environments (4.1) Responding to incidents and emergencies (4.2)
Unit 3: First aider responsibilities (4.3)
recap & revision - all criteria

PRIOR LEARNING

CORE, Unit 1

Summative Assessment 2

UNIT ONE AND THIRTEEN - COURSEWORK

SPRING (Teacher 2)

How a person centred approach supports positive relationships with application from WEX
Communication skills

How to ensure effective interactions in HSC and EY settings
Interactions - visit to WEX

Reflective practice
Task 6 presentations and write up

CORE, Unit 1

SUMMER (Teacher 1)

recap & revision - all criteria
Exam

Intro into unit 13 and sexual consent (1.1)
Sexual health (1.2) Methods of contraception (1.3)
Conception 2.1) and factors affecting conception (2.2)

PRIOR LEARNING

CORE, Unit 1

SUMMER (Teacher 2) Health & Social Care Year 12

Unit 1 - unit completion

Unit 2 - LO1 Concepts of equality, diversity and rights/Application of concepts
Unit 2 - LO1 Support network/LO1 consolidation

CORE, Unit 1 , Unit 3



Health & Social Care - Year 14



AUTUMN (Teacher 1)

Unit 13 Sexual Health: LO1 Coursework
 Unit 13 Sexual Health: Prenatal Health & Conception
 Unit 13 Sexual Health: LO2 Coursework

Unit 13 Sexual Health: Factors affecting Prenatal Health
 Unit 13 Sexual Health: LO3 Coursework
 Unit 13 Sexual Health: Birth Process & Postnatal Care

Unit 13 Sexual Health: LO4 Coursework
 Unit 13 Sexual Health: Care & Development in the First Year of Life
 Unit 13 Sexual Health: LO5 Coursework

PRIOR LEARNING

Unit 3, service users & providers, PIES, life stages

Summative Assessment 1

UNIT THIRTEEN - COURSEWORK
 UNIT TWO - Long and short answers on equality, diversity and rights. PPE (Dec 2024).

AUTUMN (Teacher 2)

Unit 2 Equality, Diversity & Rights: LO2 Discriminatory practices
 Unit 2 Equality, Diversity & Rights: LO3 Legislation

Unit 4 Anatomy & Physiology: Components of the Nervous System
 Unit 4 Anatomy & Physiology: Structure & Function of the Brain
 Unit 4 Anatomy & Physiology: Composition & Function of Blood

Unit 2 Equality, Diversity & Rights: LO4 Best practice
 Unit 2 Equality, Diversity & Rights: Revision & Exam Practice

Unit 3, unit 10, unit 1, service users & providers, PIES, life stages

SPRING 1 (all Unit 4 Anatomy & Physiology)

Structure & Function of the Brain
 Nerve Action
 Structure & Function of the Kidney
 Structure & Function of the Liver

Concept of homeostasis & malfunctions of control and regulatory systems
 Monitoring treatment and care for these malfunctions
 Structure of the eye & ear
 Structure & Function of the heart

Control & Regulation of Cardiac Cycle
 Types, structures & functions of blood vessels
 Formation of tissue fluid
 Cardiovascular malfunctions & care and monitoring of these

PRIOR LEARNING

Unit 13, unit 10, unit 2, service users & providers, PIES, life stages

SPRING 2 (all Unit 4 Anatomy & Physiology)

Structure of the eye & ear
 Structure & functions of the digestive system
 Mechanical and chemical digestion
 Digestive role of liver and pancreas

Digestive malfunctions and monitoring and care of these malfunctions
 Structure of bones & Types of joints
 Structure of respiratory system

Inspiration & expiration
 Gaseous exchange & cellular respiration
 Respiratory malfunctions & care and monitoring of these

Unit 13, unit 10, unit 2, service users & providers, PIES, life stages

Summative Assessment 2

UNIT FOUR - LONG AND SHORT ANSWER QUESTIONS ON ALL TOPICS IN UNIT FOUR.

SUMMER 1

Unit 4 Anatomy & Physiology: Components of synovial joint & Muscle action around a joint
 Unit 4 Anatomy & Physiology: Musculoskeletal malfunctions & care and monitoring of these malfunctions
 Unit 4 Recap & Revision

PRIOR LEARNING

Unit 13, unit 10, unit 2, service users & providers, PIES, life stages

SUMMER 2

TOPIC
 TOPIC
 TOPIC
 TOPIC