



AGS Weekly

Allerton Grange School Weekly Newsletter

Dear Parents, Carers and Students,

As we come to the end of another busy but rewarding week at Allerton Grange School, I want to take a moment to reflect on the many highlights that continue to showcase the enthusiasm, talent and community spirit of our students.

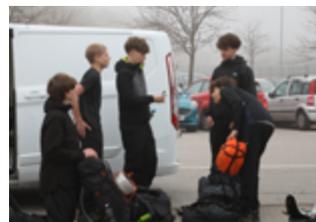
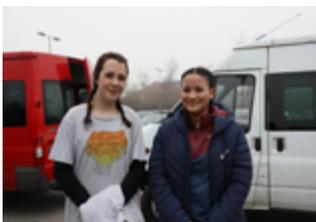
This week, we proudly marked **National Careers Week**, with students from across the school engaging in a wide range of activities designed to broaden their horizons and help them think ambitiously about their futures. From workshops to guest speakers, it has been inspiring to see our young people asking thoughtful questions and taking genuine interest in the opportunities available to them.

Our KS3 students were also treated to an exciting and memorable visit from Dr Ken, whose **interactive science demonstrations** brought learning to life in spectacular fashion. The energy in the hall was fantastic, and it was wonderful to see students so eager to participate and explore scientific ideas in new and creative ways.

Meanwhile, our Year 10 students represented the school exceptionally well during the **First Give charity day**. Their teamwork, maturity and compassion were clear throughout, and they should be incredibly proud of the difference they have contributed to their chosen causes. Their commitment to social action reflects the very best of our school values.

I would also like to extend a heartfelt thank you to all staff who have contributed to the success of this week's activities. Your hard work, creativity and dedication ensure that our students continue to access enriching experiences beyond the classroom.

A special mention must also go to the staff who supported our Year 9 students during their **Bronze Duke of Edinburgh practice expedition**. The students demonstrated resilience, teamwork and determination throughout challenging conditions, and we are immensely proud of their efforts as they work towards achieving this respected award.



Finally, thank you to all parents and carers who have already cast their vote in the **Parent Governor election**. For anyone who has not yet had the chance to take part, **voting remains open until Wednesday 11th March at 3pm**. Your involvement is greatly appreciated.

Wishing you all a restful weekend.

Warm regards

**Andrew Norrington
Headteacher**

Dates for your Diary:

Monday 9 to Friday 13 March - National Science Week

Thursday 12 March - NeuroStars Parent/Carer Support Group, 4.30 - 5.30 pm

Tuesday 24 March - Year 8 Parents' Consultation Evening (Online Appointments)

Monday 24 March - Year 9 DTP Men MMR vaccines Mop Up

Thursday 26 March - KS4/5 Concert, 6.30 pm. Tickets available from ParentPay

Monday 30 March - Parent/Carer Coffee Morning, 10.30 am to 12.00 noon, CATCH Leeds LS8 3QY

Thursday 2 April - Year 7 Bushcraft Residential Parent Meeting, 5 - 6 pm

Friday 3 April - Good Friday (School Closed)

Monday 6 to Friday 17 April - Easter Holidays (School Closed)

Monday 20 to Thursday 30 April - Year 10 PPEs (Pre Public Exams)

Monday 4 May - Bank Holiday - School Closed

Tuesday 5 May - GCSE Exams start

Wednesday 6 May - Year 12 Next Steps Day

Training Days 2025-26

The Training Days this school year, when school is closed to students, are on:

Monday 1 September 2025 ✓

Friday 19 September 2025 ✓

Monday 5 January 2026 ✓

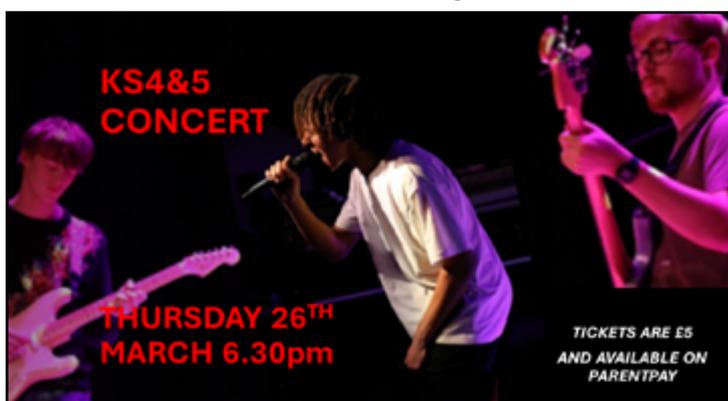
Monday 20 July 2026

Tuesday 21 July 2026

Join us at our KS4&5 Concert on Thursday 26 March at 6.30 pm (earlier start time)

All Welcome!

Tickets are £5 from ParentPay.



Parents' Information Evenings 2025-26

We have an online booking system for Parents' Evenings

<https://agrange.schoolcloud.co.uk/>

For the 2025-26 academic year Parents' Evenings will continue to be online/virtual meetings.

Bookings open for each Parents' Evening 2-3 weeks before the event. You will receive a letter from school prompting you to book your appointments.

- 24 March 2026 - Year 8 Parents' Evening, 4.30 - 7.30 pm

Online Safety Newsletter - March 2026

The March Online Safety Newsletter includes information on:

- Mobile phones: do you know the risks?
- YouTube Safety Update:
 - New Parental Controls
- VPNs (Virtual Private Networks)
- Social Media Algorithms
- Five Nights at Freddy's
- Screen time and online harms
- New government campaign:
 - Is your child influenced by toxic content?

[View the Online Safety newsletter here](#)

Sixth Form Applications

Applications are open for Allerton Grange Sixth Form places for September 2026.

If you're ready to apply for a place you can [find out more and apply online](#)

Still have questions? You can talk to the Year 11 Team, your subject teachers or email

sixthform@allertongrange.com



Year 10 First Give Day by Ms Braim

On Monday, all Year 10 students participated in First Give's 'One Day' which involved them learning about the important work charities do to support groups of people in society.

The day began with the students taking part in the 'Charity Challenge', where they worked in groups to complete a series of tasks as they ran a foodbank. Students were then guided to reflect on their experiences of the challenge, the skills they used and how they think it would feel to work or to volunteer for a charity.

This was followed by students meeting representatives from three local charities: St Gemma's Hospice, Karna Nirvana and Leeds Women's Aid. The students were able to put questions to the charity panel to find out more about the important work that they do, and we were incredibly impressed by how articulate and mature they were in their questioning.

Following this, the students were able to meet the charities again, in smaller groups this time, and were given £5 in tokens to donate as they wished to these three charities. The day culminated with a celebration assembly, where individual students who had worked incredibly hard throughout the day were recognised, and the amount donated to each charity announced. In total, £1330 was donated by the students, as First Give converted their tokens to cash donations!

We are so proud of the way our students behaved and responded to the tasks throughout the day and very much hope that they now have a greater awareness of the incredible work done by charities, and how they can contribute to their work, not just through making monetary donations, but by volunteering and giving their time to support them.



English Speaking Union Shakespeare Competition

by Mrs Spencer-Matthews

This week, Drama hosted the regional heat of the English Speaking Union's Performing Shakespeare Competition.

Students were tasked with performing a 3 minute monologue or duologue from any of Shakespeare's plays and also had to deliver a 2 minute speech about their choice and interpretation.

The competition was fierce and we were treated to 13 unique and accomplished performances from 7 schools. Our entrants, Olivia in Year 8 and Elizabeth in Year 9 were formidable - they performed with skill, passion and creativity.

We are thrilled that Elizabeth has progressed to the regional final and we agree with our new friends from Ackworth School - Olivia stormed her performance and would have also been a worthy choice to go through to the next round, but alas, it was not to be.

Deep gratitude and thanks to Mr Hansen who has devoted many hours to coaching the girls in preparation for the competition - we are lucky to have your expertise!



Sports Fixture Results

Football (boys):

Year 8 beat Wetherby 6-5.



Basketball:

Year 8/9 beat Roundhay, Bishop Young and Carr Manor in the city of Leeds tournament.

Year 7 lost to Roundhay.



Swimming

Recently, Harrison in Year 9 took part in the Yorkshires, a swimming competition held over three weekends at John Charles Centre, Leeds and Ponds Forge, Sheffield.

Harrison achieved Personal Bests in all of his races and then again in his finals. Finishing with a silver in the 50m and a bronze 100m breaststroke.

Harrison is ranked top 10 in Britain and hopes to compete in the summer national championships.



Drama Theatre Trip to Manchester

On Thursday evening, a fabulous bunch of GCSE and A Level Drama students visited Manchester's Royal Exchange Theatre to see a performance of Road.

We were transported to 1986 from the second we entered the venue as this production was immersive and interactive, performed in the round and had an all star cast to boot!

Particular highlights were Johnny Vegas asking Year 10 about the football scores (a confusing moment!) and the incredible Shobna Gulati mistaking Mr Macrow for a celebrity at the interval disco and getting his autograph!

Our students were the epitome of the AGS virtues and were very kind to Mrs Spencer-Matthews who was, for once, rendered speechless at the end of the show because she loved it so much. Thank you to Mr Hansen and Mr Macrow for giving up their evening and to parents for supporting the late pick up.



KS3 Duolingo Leagues

The MFL Team has set up Duolingo Leagues for their KS3 classes in French, German and Spanish. To take part, KS3 students need the codes shown.

The leaderboard will be displayed each week in the department and there will be prizes at different intervals for highest scoring students.

Students can compete in French, German or Spanish.

Year 7 Duolingo Competition

www.duolingo.com/classroom/BYXZQH

Year 8 Duolingo Competition

www.duolingo.com/classroom/NADBQX

Year 9 Duolingo Competition

www.duolingo.com/classroom/QCZPSQ



Year 11 Health & Social Care presentation event

Congratulations to all Year 11 Health & Social Care students who presented their projects to staff, students and family members this week.

The group have worked hard, researching their topic, creating a presentation and display, and devising questions to collect responses.



World Book Day 2026

On Thursday, we celebrated World Book Day in school.

Mr Ellis also ran a Book Swap in Library for KS3 students. It was lovely to see so many students choosing a new book from the selection of donated books.

Thank you to everyone who took part.



Interactive Science Sessions with Dr Ken

Science week has got off to a flying start with a show on Forces from a fabulous Scientist Dr Ken!

Students engaged so well with the shows, which were brilliantly funny as well as being educational. Demonstrations including the sonic boom whip, fire eating, and how to juggle in Space!

If you would like to learn some cool Science tricks like Dr Ken, his YouTube channel is [@DrKenScience](#), and our favourite video is "[How to spin a toothbrush on your finger](#)".

Thank you to all the students who participated in the demonstrations, and to everyone for being wonderful and enthusiastic audience.

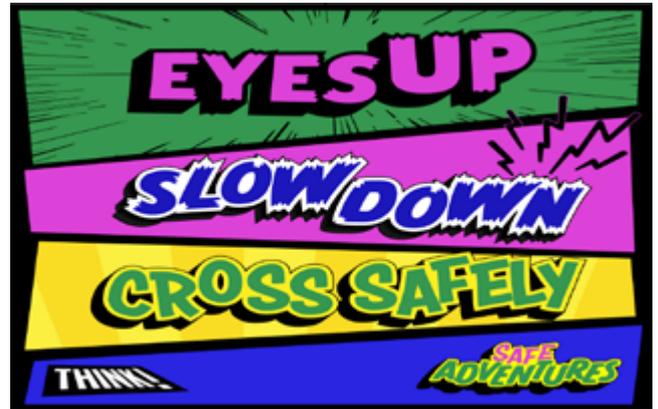


Road Safety Reminder

We have seen a concerning number of children being distracted while walking to school or stepping out into the road without looking.

Please remind your child(ren) that they need to keep themselves safe while they are out and about.

- Always walk down the street to use a crossing. Don't take the shortcut and cross in-between parked cars.
- Always wait until you've crossed the road safely before looking at your phone. Don't let it distract you.
- When you cross the road, stand on the pavement behind the kerb, avoiding bends or the top of hill where you can't see clearly.
- When using a pedestrian crossing, stop and wait for the green man AND then check traffic has stopped in both directions.
- Before you cross the road, stop and look right, look left, look right again to double check that it's clear before you cross.
- Always wait when you see a car coming, even if you think there is time to cross. It's not worth the risk.
- Remember that using headphones and listening to music means you can't hear traffic and other road users as clearly. Make sure you stop and check carefully before you start crossing the road.
- If you are cycling, make sure you are wearing reflective clothing, have working lights and following the Highway Code.
- You must always wear a helmet to protect your head if you fall off your bike. Make sure it fits and the strap is snug under your chin. It could save your life.



Eyes Up

Put your phone away, look out for your friends and don't distract them. Stay focused near traffic - Look right, left and right again before crossing the road and continue looking and listening while you cross.

Slow Down

Take care and don't run across the road when traffic is coming, even if you think there is time. It can be difficult to judge the speed of traffic. If traffic coming, let it pass.

Cross Safely

Always find a safe place to cross, use a pedestrian crossing if there is one and chose a place where you can see clearly in all directions.



Inclusion Advisory Team Parent, Carer, Professional Workshops

These workshops provide information for parents and carers of children and young people living in Leeds who are autistic or who are believed to be neurodivergent. Training sessions will be delivered through Teams

Puberty and sexuality - Secondary/Post-16 Wednesday 25 March 2026

This online session will look at why some children and young people may need additional support to understand puberty, relationships, sexuality and sex.

We will discuss strategies and resources for supporting children and young people of better understand these themes.

Please email leedsforlearning@leeds.gov.uk with your name, email to book your place.

Preparation for Adulthood - Employment Wednesday 6 May 2026, 9.45 - 11.15 am

This online Teams session is suitable for parents and professionals who are currently supporting young people to identify their strengths and interests and how this can inform their aspirations for the future. We will be exploring resources and approaches to plan the steps to employment such as preparing for an interview through to opportunities in employment and how to effectively self-advocate in the workplace and request adjustments.

Please email SEND@leeds.gov.uk to book your place.

Stay Strong, Get Vaccinated

Routine child immunisation prevents 5000 deaths and 228,000 hospital admissions every year in England. Vaccination is one of the most effective public health interventions, second only to clean water.

Find out more <https://www.nhs.uk/vaccinations/mmr-vaccine/>



A poster for Neurostars Neurodiversity Consultancy. The top part has the Neurostars logo and text: "NEUROSTARS Neurodiversity Consultancy SUPPORTING CHILDREN, YOUNG PEOPLE, ADULTS, FAMILIES, SCHOOLS & WORKPLACES *DIAGNOSIS IS NOT NEEDED". Below that, it says "Parent/Carer Support Group You are invited to our upcoming support group:". The date and time are "Thursday 12th March, 4.30pm- 5.30pm". The location is "Allerton Grange High School". There is a QR code and contact information: "For more information about the work we do, or to book a FREE 30-minute Initial Chat, please get in touch: 07546 566997 hello@neurostars.co.uk www.neurostars.co.uk".

A poster for Leeds Local Offer Live 2026. It features the Leeds SEND Local Offer logo. The text says "LEEDS LOCAL OFFER LIVE 2026". Below that, it says "The Leeds Local Offer has information about services that help children and young people with SEND. It also helps parents and carers find support in one place." "Leeds Local Offer Live is an event where you can meet different SEND services and learn what they do." "This year, the workshops are about Supported Internships. Come along to find out more about this pathway." The date is "Wednesday 25 March 2026". The time is "10am till 3pm (Drop in)". The location is "Pudsey Civic Hall, LS28 5TA". There is a QR code and a link to "BOOK YOUR PLACE" and "Complete the booking form here". Logos for Leeds, Health & Care Planning, and NHS Leeds are at the bottom.

A poster for Afrیکنness Foundation. It says "Join Us For A 4 Weeks Training Workshop On Neurodiversity & Inclusion". Below that, it says "An interactive training aimed at community leaders, professionals, educators and parents to increase knowledge on neurodiversity and provide tools and strategies to support neurodiverse children from minority ethnic communities." There is a "WHY JOIN?" section with five bullet points: 1. Gain a deeper understanding of neurodiversity and its impact on individuals and communities especially from minority ethnic communities. 2. Learn to adopt a strengths-based approach when supporting neurodivergent individuals. 3. Explore cultural nuances that influence how neurodiversity is perceived within ethnic minority communities. 4. Develop skills to engage parents from diverse backgrounds in meaningful conversations about their neurodivergent children. 5. Learn how to break cultural barriers and misconceptions to provide better support. The date is "STARTING APRIL 3RD, 2025 EVERY THURSDAY 7:30PM - 9PM". It is sponsored by the Leeds Community Foundation. There is a QR code and a link: "https://bit.ly/AfrیکنnessNeurodiversityTraining".

Extra-Curricular Activities Calendar: Term 2 – January to March

Monday	Tuesday	Wednesday	Thursday	Friday
Silent Independent Study Library 3-4pm	Silent Independent Study Library 3-4pm	Silent Independent Study Library 3-4pm	Silent Independent Study Library 3-4pm	
Samba (Y7 & Y8/9 Lunchtimes) Suitable for anyone who loves drums & rhythms. Music pod Store 9	Years 8-13 Advanced Rockers 3-4.15pm M001 TCa & DSu	Junior Concert Band Grade 1-3 Musicians 3-3.30pm M001 ASH/ TCa	Choir Everyone welcome! 3-4.15pm M002 ASH	
	Grade 5 Theory Club (invite only) 3-4.15pm M002 ASH	Senior Concert Band Grade 3-8 Musicians 3-4.15pm M001 ASH/ TCa	Latin Club - All year groups L20	KS3 Coding Club Week A ONLY 3-4pm I001 LMo/CBa *
	Jazz Club Suitable for grade 2 & above musicians & singers 3-4.15pm M003 SDu	Years 9, 10 & 11 Fitness Fitness Suite 3-4pm JGA	Year 7 School of Rock - for anyone who wants to learn instruments or enjoys playing as a group 3-4.15pm M001/2 AMa/ TCa	KS4 Software Development Club Week A ONLY 3-4pm I002 LMo/ CBa *
	Years 7 & 8 Fitness Fitness Suite 3-4pm JAD	Years 8 & 9 Trampoline Sports Hall 3-4pm KAI	Year 7 Trampoline Sports Hall 3-4pm ECa	* Each term the club will explore a different programme
	Basketball Sports Hall 3-4pm DTO	Years 7 & 8 Table Tennis Main Hall 3-4pm SNO	Year 9 & 10 Table Tennis Main Hall 3-4pm SNO	ALL YEARS KS3 KS4 KS5
	Years 9, 10 & 11 Netball MUGA 3-4pm JAd	Spectrum A004 (usually meet in Music dept first) 3-4pm AMT & CNe	KS3 War Hammer Club 3-4pm L002 SLo	
	Girls Rugby Field 3-4pm ECa			
	Year 7 & 8 Pokemon Club 3-4pm L008 Dwa			
	Debate Club - students from all year groups welcome! L15 3-4pm with SHa			
	Art Club 3-4pm A002 KCr			
	Social Science Catch-up Drop-in session for KS5 L51 3-4pm NMu			



WHAT'S ON AFTER SCHOOL IN PE?

Clubs run from 3-4pm starting from January

DAY	ACTIVITY	WHERE	STAFF
TUESDAY	Fitness Y7/8 Basketball	Fitness Suite Sports Hall	JAD DTO
WEDNESDAY	Trampoline Y 8/9 Table Tennis Y7/8 Fitness Y 9/10/11	Sports Hall Main Hall Fitness Suite	KAI SNO JGA
THURSDAY	Trampoline Y7 Table Tennis 9/10	Sports Main Hall	ECA SNO

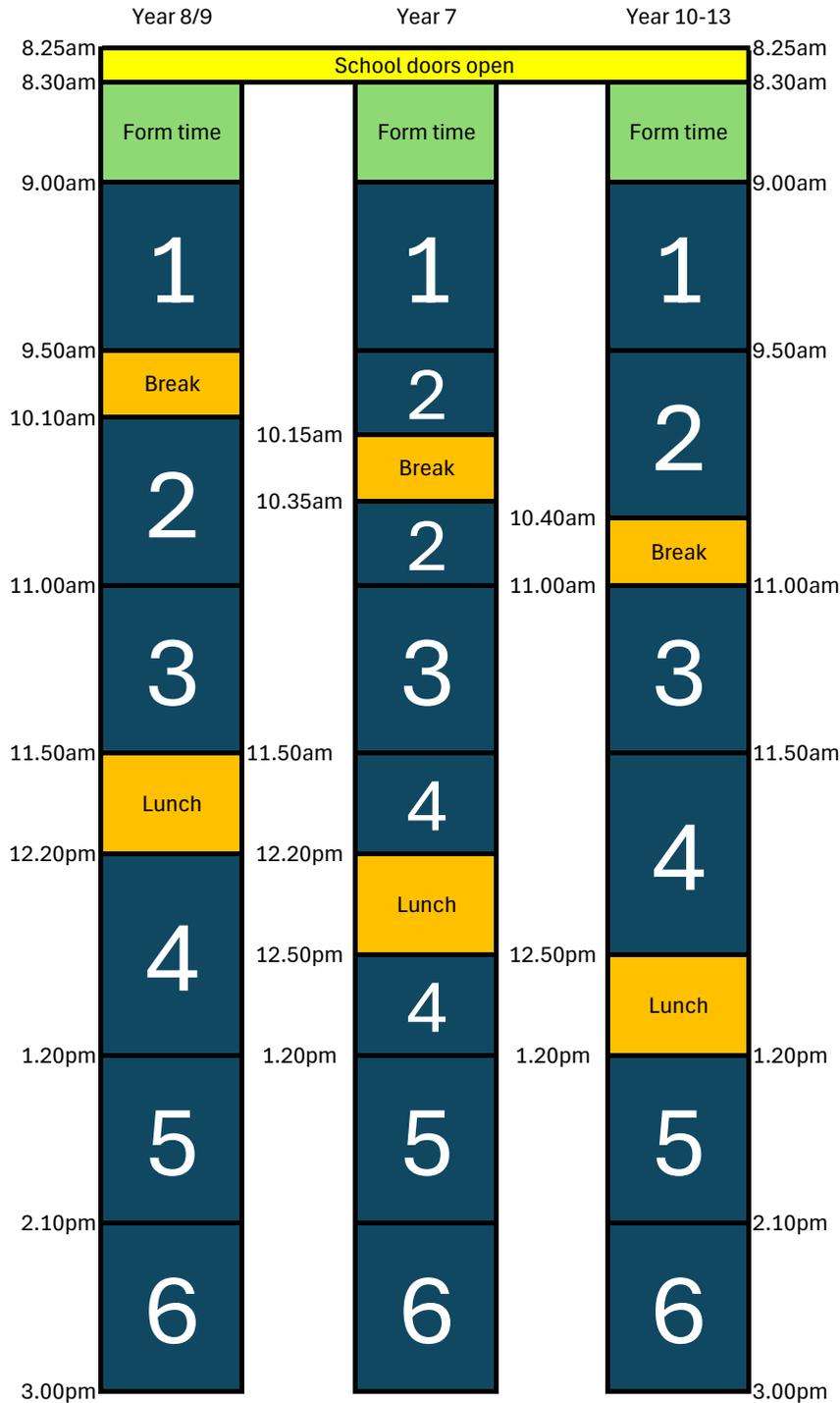
YOU MUST SIGN UP IF YOU WANT TO JOIN AND YOU WILL RECEIVE AN INVITE ON CLASS CHARTS
Sign up sheets are located on the wall outside the Sports Hall.
These clubs start the week beginning 16th September.
ALL CLUBS ARE FROM 3 - 4pm.

Music Extra-Curricular Clubs

No need to sign up to the Music Clubs, just come along and let the music making begin!

Day	Time	Room	Club	Teacher
Monday	Year 7/8&9 Lunch	Storeroom 9	Samba Suitable for anyone who loves drums, rhythm and noise!	Ian Matthews (Drum Teacher)
Tuesday	3.00 - 4.15 pm	M001	Year 8 - 13 Advanced Rockers! Suitable for students who have attended School of Rock before/ can play a rock-based instrument/ sing	Mrs Casey / Mr Sumroy
Tuesday	3.00 - 4.15 pm	M002	Grade 5 Theory Club (Invite only)	Miss Shrimpton
Tuesday	3.00 - 4.15 pm	M003	Jazz Club Suitable for grade 2 and above musicians and singers	Mr Duff
Wednesday	3.00 - 3.30 pm	M001	Junior Concert Band Suitable for grade 1-3 musicians	Miss Shrimpton/ Mrs Casey
Wednesday	3.00 - 4.15 pm	M001	Senior Concert Band Suitable for grade 3-8 musicians	Miss Shrimpton/Mrs Casey
Thursday	3.00 - 4.15 pm	M001/ M002	Year 7 School of Rock Suitable for anyone who wants to learn instruments or enjoys playing as a group	Al Matthews and Mrs Casey
Thursday	3.00 - 3.45 pm	M002	Choir Suitable for anyone who likes singing!	Miss Shrimpton

SCHOOL DAY 2025-26



After School Arrangements

This is a reminder that all students should leave the school site by 3.10 pm. There isn't anywhere inside school where students can wait. The only students in the building must be involved in Enrichment sessions, Session 7, isolation/Reflection or detention.

Detention times:

Stage 1 Detention - Mondays 3.00 - 3.30 pm
(30 minutes)

Stage 2 Detention - Mondays 3.00 - 4.00 pm
(60 minutes)

SLT Detention - Wednesdays 3.00 - 4.30 pm
(90 minutes)

Isolation/Reflection takes place between 9.00 am - 3.00 pm/3.30 pm/4.00 pm depending on behaviour.