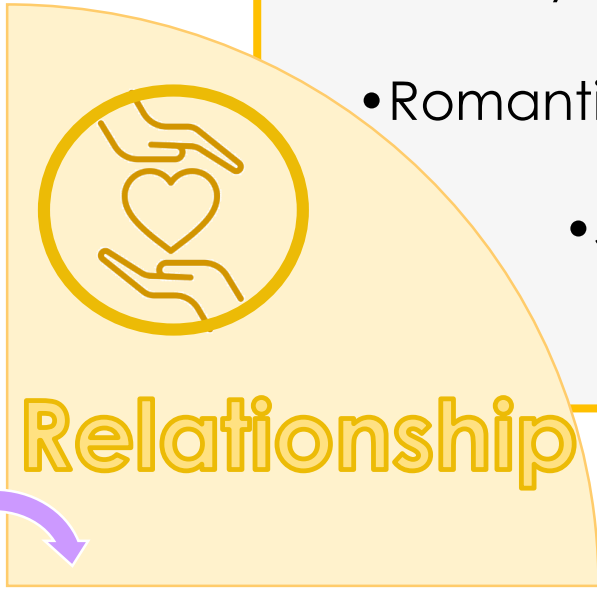


PSHE Curriculum Topics

- Your identity and self image
- Mental health and wellbeing
- Money management



- Healthy and unhealthy relationships
- Romantic relationships
 - Friendships
- Sex education
 - USG



- Diet
- Puberty and changing bodies
- Sleep and exercise
- Alcohol and illicit substances



- USG
 - The law
- Online literacy
- Prejudice and discrimination
- Healthy Communities



PSHE Curriculum Journey 2023 - 2024

